

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

# HOLY QUR'AN THE CURE FOR AILMENTS

## Surah Al-Fatiha

External Qualities: With all its overpowering charm and beauty the Fatiha is charged with truth and wisdom.

Internal Qualities: Healing of Mind and spirit



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ①  
الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ② الرَّحْمَنِ الرَّحِيمِ  
③ مَلِكِ يَوْمِ الدِّينِ ④ إِيَّاكَ نَعْبُدُ  
وإِيَّاكَ نَسْتَعِينُ ⑤ اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ  
⑥ صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ  
الْمَغضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ ⑦

# Surah Fatiha and Rose (surah shifa)



- The excellences of Surah Fatiha are in all respects similar to the wonders and excellences of the rose, that indeed they far exceed them. This illustration was an experience of the nature of revelation.
- I beheld myself holding Surah Fatiha, which had an exceedingly lovely shape in my hand. The paper on which it was inscribed appeared as if it was loaded with countless red and delicate roses. Every time this humble servant of Allah recited a verse of the surah, a number of these roses rose into the air with a sweet cadence. These roses were very soft, big, bright, moist, fresh and Sweet-smelling, filling the heart and head with fragrance as they soared, thus inducing a state of ineffable joyousness in the mind altogether above and withdrawn from the world and all that it holds.

- SURAH FATIHA Volume I
- Compiled from the Writings

- and Pronouncements of The Promised Messiah and Mahdi Hazrat Mirza Ghulam Ahmad of Qadian  
.Translated by Sir Muhammad Zafrulla Khan

# Qualities of a Rose

- **First** external. For instance, its **colour is lovely**,
  - its **fragrance is delightful** and **very pleasing**.
  - its **petals are of an extreme delicacy in texture** and,
  - it exhales a most agreeable air of **freshness and purity**.
- 
- **Secondly**, there are properties inherent in it with which the Lord of Absolute Wisdom has endowed it, and to be found in its essence.
  - Some of these are: it is **wholesome for the heart** and **tones it up** and **reduces bile** and **revitalizes the system and lifts up the spirit**, **dissipates choler and phlegm** and **strengthens the stomach, liver, kidneys, intestines and lungs** and
  - is very beneficial for a variety of **physical ailments**. It is because of these twofold qualities that it has been held beyond the range of human capability to manufacture a flower as **lovely in colour** and **agreeable in fragrance** and at the same time as **soft and tender** and **delicate** and **clean** with all its internal properties as is the rose.

Note: Hazrat Promised Messiah (as) used to drink rose water for heart and some other ailments. (Mulfoozat)



## From Rose to Ruby

- “There in will also be chaste maidens of modest gaze, whom neither man nor Jinn will have touched before them (55:57,58). As if they were **Rubies** and small **pearls**” (55:59)



**Rubies and pearls** are mentioned here in the sense of Purity?

# “Pure life is a Brilliant **Ruby**”

Said Promised Messiah(as)(Mulfozat VL. 3)

Pure Life is a  
Sin Free life .  
Can be achieved by  
recognizing Allah.



Q. Why **Ruby** and not Diamond?

# Crystals can restore receive and emit energy

- Diamond : Carbon
- Hardness : 10
- **Ruby** : Red Corundum = Aluminum oxide  
Hardness: 9
- **Importance of colour:** Colors  
Impact Moods, Feelings, and Behaviors.



# What people believe about Ruby?

- Ruby is a powerful stone to shield against negative energy, psychic attack, and energy vampirism, especially of the heart energy.  
**Working with Ruby one may feel that all sense of limitation has been removed, strengthening courage, joy, leadership qualities and selfless work in all spiritual endeavors.**
- (Ruby Gemstone Properties [www.shimmerlings.com/gemstones/ruby](http://www.shimmerlings.com/gemstones/ruby))
- In this way it is considered a boost to Earth healing and a leadership stone as well.
- **Crystals can restore receive and emit energy**

# Holy Qur'an States



Allah the Al-Mighty indicated:

- He created man from dry ringed clay which is like baked pottery (55:15)
- And, surely, we created man from dry ringed clay, from black mud wrought in to shape (15:27)

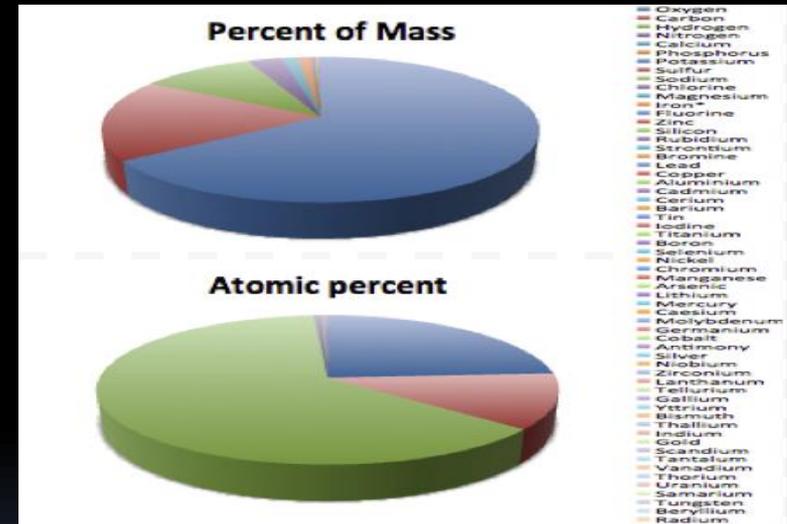
# Role of Elements in our body

- Creation of Man According to Holy Qur'an is Ringing Clay , Mud.
- Chemical elements listed by their presence in human body.

Such as:

- ✓ Platinum
- ✓ Aluminum
- ✓ Silver
- ✓ Chromium

The balance and imbalance plays a very important role in human behaviour.



Read more: <https://www.lenntech.com/periodic-chart-elements/human-body>.

All methods use the elements to cure diseases



- Allopathic
- Naturopathic/ Herbal
- Homeopathic



- Get cure for ailments , consult with a doctor, balance the elements in your body and live a healthy spiritual life.



➤ Ponder, **Fear Allah**

➤ Practice. **Live a sin free life**

➤ Prevent, **Be a Ruby**

**Thank you**

